

Baba Nam Kevalam : infinite love is all there is
The 15th Sydney Summer Spiritfest 2018 Programme

Celebrating Spiritual Wisdom on the Land of the Guringai People

Friday 5th January

- 5.30 pm festival newbies meet in the Dada Prana Meditation Hall
6.00 kiirtan (chanting) & meditation (sadhana) and a reading by Jayadiipa /JD (Georgina)
7.00 **dinner** all meals fabulously prepared by Kanika and Madhu
8.15 **Festival Welcome: The Getting of Wisdom** featuring Devala, Irina, Jyosna and Inika

Saturday 6th January

- 6.45 am yoga with Kanika in the Meditation Hall
7.30 kiirtan & meditation with a reading by Dharitri / Chris and Rashmii
8.40 today's workshop presenters will give an outline – **don't miss this!**
9.30 **self-serve breakfast** 12-step meeting at *Dharma Delight*
10.30 **Workshops** see whiteboard in Dining Hall
12.30 **lunch**
2.00 pm **Aditi and Her Rickshaw: magical theatre by Bronwyn Vaughan** in Bliss Hall
3.00 **Spoken Medicine** poetry book launch and performance by Gabrielle Journey Jones
3.30 delicious chai and cake by Kanika to raise funds for our Homeless Womyn's Lunch Project
4.00 choir / bush walking / rehearsals for evening concert / café time / relaxing
6.00 kiirtan & ma om meditation and a reading by Purnima / Patsy
7.00 **dinner** concert sound checks at 7.30pm in Bliss Hall
8.30 **Concert: Wise Songs from Movies** with The Solidarity Choir MC: Vineeta Sound: Inika
10.30 **Dance** let's get this party started! Our dance is divine and life is the perfect dance floor.

Sunday 7th January

- 6.45 am yoga with Kanika in the Meditation Hall
7.30 kiirtan & meditation with a reading by Vineeta / Rachael
8.40 today's workshop presenters will give an outline – **don't miss this!**
9.30 **self-serve breakfast** 12-step meeting at *Dharma Delight*
10.30 **Workshops** see whiteboard in Dining Hall.
12.30 **lunch** rehearsals for Spiritfest choir 1-2pm
2.00 pm **Crystal Sound Healing with Barbara Jackson** and other workshops available
3.30 **Closing** with Spiritfest choir, Dances of Universal Peace and other surprises
5.00 **goodbyes** and thanks for sharing your wise hearts with us all at Spiritfest
6.00 **Welcome** to our **Retreat Programme** kiirtan & sadhana, reading by Dayamayii / Deb
7.30 **dinner**
8.30 **Sharing of Wisdom on the Spiritual Path** with a circle of old souls in the Meditation Hall

Monday 8th January

- 7.00 am Maonabrata (silence) during breakfast
8.00 **Chi Gung** in the Bush with Inika
8.45 **Sadhana Shiviir** (alternating sadhana & kiirtan) with a reading by Bratatii and koashikii
11.00 Workshop with Bratatii – Spiritual Philosophy **or** Meditation & the Eternal World with Pranava
1.00 pm **lunch**
2.15 Workshop and discussions with Bratatii, Didi Ananda Devanistha, Pranava & JD
4.15 Help with packing and cleaning up
5.30 **Closing** kiirtan and sadhana, reading by Mahima and Jayadiipa
7.00 **dinner** and goodbyes – see you at *collective meditation Sunday 4th February at Tempe*

All meal times include clean up – please wash your own plate.

First Aid kit is in the kitchen. If you need medical attention please see Aparaesha or Kavyasri

Please be on time. Mahima will ring the bell 5 minutes before activities.

Late night kiirtan will be held at the end of each day. Use lamps at night to save turning on overhead lights.

*“The basic ingredient for building a healthy society is simply genuine love.
The significance of society lies in going all together, otherwise the spirit of society is in jeopardy”.*

Shrii Shrii Anandamurti

*** Sydney Summer Spiritfest brought to you by the Ananda Marga Fringe Festival for 15 years ***